

Lunch Menu

Blind Brook MS/HS

November
2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM



Monday

Tuesday


Wednesday

Thursday

Friday

6 Homemade Mac & Cheese  
Spinach Salad
Fresh Fruit Cup
Fresh Fruit



7 Buffalo Chicken Sauce & Toss
BBQ Chicken Sauce & Toss
Oven Baked Fries
Fresh Fruit Cup

8 Mission Burrito 
Fresh Fruit Cup



or
Chicken Burrito

9 No School for Students




10 




13 Homemade French Toast  
Crispy Potato Puffs
Fresh Fruit Cup

or
Bacon and Egg Wrap

14 Vegetable Lo Mein  
Seared Dumplings 
Fresh Fruit Cup

15 Yard Bird Classic Chicken Sandwich
Oven Baked Fries
Cole Slaw
Fresh Fruit Cup

16 Nachos with Cheese  
Nachos Grande 
Black Beans
Fiesta Corn
Fresh Fruit Cup

17 Chicken Parmesan Over Pasta 
Dinner Rolls
Garden Salad with Cheese Entree  
Fresh Fruit Cup

20 Burger Bar
Toppings: Onions, Peppers, Mushrooms, Bacon, lettuce, tomatoes, pickles, BBQ Sauce
With Oven cooked Fries


21 General Tso's Chicken *crispy chicken with broccoli in General Tso's sauce* 
Vegetable Lo Mein 
Fresh Fruit Cup 

22 Baked Chicken Tenders
Oven Baked Fries And Carrot Sticks
Dinner Rolls
Sliced Oranges
Fresh Fruit Cup

23 

24 Thanksgiving Recess

27 Grilled Cheese with Bacon
Or Grilled Cheese Sandwich 
Vegetable Soup
Fresh Fruit Cup

28 Mozzarella Sticks 
Oven Baked Fries
Fresh Fruit Cup

Marinara Dipping Sauce

29 Philly Cheese Steak 

with Garlic Parmesan Fries
or BBQ Rib Panini
Fresh Fruit

30 Taco Salad
Beef or Chicken
over Mexi Salad
with Festa Corn
Fresh Fruit

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Hot Items available daily
Chicken Patties
Hamburgers
Cheeseburgers
Chicken Nuggets
Pizza
French Fries

Cold items available daily
Chicken Wrap with Lettuce (crispy or grilled)
Turkey BLT Wrap
Chicken Caesar Salad (crispy or grilled)
Garden Salad
Bagel with Butter/Cream Cheese
Fruit & Yogurt Parfait

